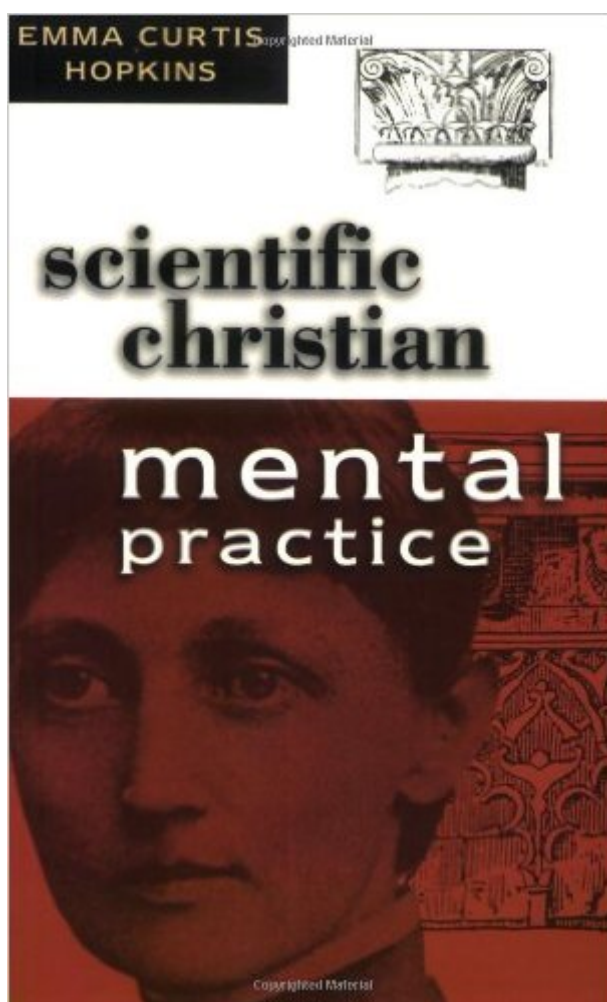


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# Scientific Christian Mental Practice



## Synopsis

A New Thought Leader and don in the mental science world, Emma Curtis Hopkins put together a book that is very fascinating and full of wisdom about metaphysical realities. Hopkins's Scientific Christian Mental Practice is a powerful treatise on mental healing. It is the enduring work from one of the most influential teachers of the 20th Century. Used as a textbook in various Spiritual Centers around the world, this book is a masterwork of divine understanding and sacred living. Charles Fillmore, Ernest Holmes and many others were influenced by this great teacher. Some Gems From the Book 1. There are twelve doctrines of Jesus Christ, This is to say that the one method of Jesus Christ is presented in twelve statements or settings. A diamond has many polished facets and it takes them all to make it shine in its full beauty. The truth has many ways in which it can be expressed and all are required if some people are to believe in its beauty and brightness. Each of the twelve lessons sets forth the whole doctrine in its own way. 2. It has been taught from the remotest times that we have the Name stored within us as concealed energy. It can perform twelve great works, by our words, whenever we use it, even without very close relation to it. If we were to use that Name directly it would instantly work all the miracles recorded of all the mighty men of old. 3. We call metaphysics the Science of Support, because whoever studies the science finds his support coming to him in a new way, and he cannot come to actual want, no matter who would have failed if they had been put in his place. The prophecy of Jeremiah and of Isaiah comes to pass to whoever studies metaphysics without blundering in his reasonings. "Bread shall be given him, his waters shall be sure." 4. Another Good you are seeking is defense, protection. Another name of Good is defense. The movements of our bodies are all with the hope of being protected from evil. To be explicit in naming our Good, which we feel is for us, we should not forget to name the Good as defense. To every living creature we say, "God is your defense." It is another chord which the unconscious mind is glad to agree with. There is a bond of unity between us and all things. Fear leaves us. Fear leaves us by telling the Truth. Meta-physicians, in tracing the cause of evil conditions, have all agreed that fear of evil is the only evil. So, by telling the Truth that our Good is our defense, we see that in every place where we proclaim that defense, there is the Good we are seeking. That Good is our God, thus is our defense. Read this book often. This is a milestone book and a prolific body of written work in the new thought realm. Scroll Up and Get Your Copy Now! --This text refers to an alternate Paperback edition.

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## Customer Reviews

I love this book. It is a true classic, a true source of unlimited wisdom and inspiration for the truth seeker. This is one of those books with which you would LIKE to be on a desert island. In that way you would have the time and disposition to most fully absorb its content, which in fact unlocks your own unlimited and infinite resources. Do you see the promise? Emma simply states the Truth through 12 lessons. I myself am on my third reading. I find the book can be used in several ways. One, of course is to read it through, secondly you can read it and extract the lessons for your own use, thirdly you can use it as a bedside book opening it up for light and inspiration in times of need. Its words never grow old. It seems to pick up power with subsequent readings. Each lesson unlocks a power within us that is symbolized by a stone. In her words, " Mind is composed of twelve powers. When mind exercises these twelve powers it has twelve characteristics, which shine like polished jewels. They make a perfect foundation for an absolute demonstration of Jesus Christ Spirit. The first time you go the rounds of these twelve powers, you may not show much difference in character. The second time, the third time, the millionth time around the statements, and how shining your life and mind become." She goes on, "The first six statements are the beautiful powers of your mind as to your own looks, your own judgement. The last six relate to your surroundings... There are twelve conditions of human life which may be met by twelve truths. These twelve conditions being met by Truth, you may be sure that your life will be free, glad and powerful. The Brahmins had a teaching which read: 'So dwell on the highest thoughts; this is the life of the awakened.'" The Science of Mind motto, Change your thinking, change your life has never been truer. Emma takes you by the hand and shows you exactly how to go about this. And voilÃ , the new you in all your DIVINE splendor! Incidentally, metaphysically, twelve refers to spiritual fulfillment... The twelve stones

represent the twelve most important nerve centers in the body. All material things represent spiritual realities. (definition thanks to the Unity Dictionary of Metaphysical terms, the Revealing Word.)

My title expresses what I think about Emma Curtis Hopkins after reading and working with her book for 25 years. I don't know how she did it, but she took the essence of what was then known as New Thought, or Christian Science, or mental-spiritual healing, and put its practical teachings in words, sentences, and paragraphs which grow more and more powerful the more one works with them. There are other books and teachings which help me, such as those of Mary Baker Eddy (the teacher of Emma Curtis Hopkins) and, from the Hindu world, Sri Aurobindo and Sri Sathya Sai Baba. I also owe a great deal to Charles Fillmore of the Unity movement, who was one of Emma Curtis Hopkins's pupils. But I would not be without this book by ECH. I think of her as a true friend and guide who never ceases to amaze me by her wisdom and the reassurance and power which flood me when I work with her teaching. I admire also her book High Mysticism, but if I had to be with only one of her books it would be Scientific Christian Mental Practice. In comparison with it, the current crop of New Age panaceas and mental gymnastics seem minor and trivial. Emma was way ahead of them. It took me a while to get used to her style, which is highly unusual. If you work with it slowly, re-reading every sentence until you feel what it is trying to tell you, what seems odd at first will turn out to be a treasure of enlightenment. Maybe we all long for a Mother we can trust absolutely. Or a friend whose reassurance and wisdom never fail. And maybe you will find that somewhere else; but you may owe it to yourself to try this book. I would not be without it.

This volume is a classic in the field of practical mysticism. It provides a modern interpretation of the teachings of Jesus Christ. However, the author presents them in the context of a deep mystical understanding of all of the world's great spiritual traditions. Written at the beginning of the 20th century, this book today is still about 100 years ahead of its time. Emma Curtis Hopkins was known as the "Teacher of Teachers." Here's what her student Charles Fillmore, the founder of Unity, had to say about her: "She is undoubtedly the most successful teacher in the world. In many instances those who enter her classes confirmed invalids come out at the end of the course perfectly well. Her very presence heals and those who listen are filled with new life. Never before on this planet have such words of burning Truth been so eloquently spoken through a woman."

Mrs. Hopkins was a dedicated teacher and healer whose students included Ernest Holmes - founder of Science of Mind/Religious Science Movement, Charles and Myrtle Fillmore - founders of

Unity School of Christianity, and the founders of: Divine Science, the Emmanuel Movement, Christ Truth League and Home of Truth. This, her masterpiece, is one of the greatest of all works based on mysticism. "When the Lord is your confidence you will never find yourself at all deceived by the ways and speech of men and women, though they be very brilliant, if they speak outside of the Principle that demonstrates healing and goodness and life." (86)

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